

# East of Wallace

Unlock the Treasures of East Indonesia - Trips & Tours for Explorers✉

## PACKING LIST

### Spices & Species Tour

#### Clothing

- Light cotton clothing / functional (breathable, moisture wicking) clothing
- Comfortable shoes
- Swimwear/ diving suit
- Rain jacket

#### Equipment

- Camera – Don't forget spare batteries, charging cable and memory card!
- Power Charger
- Diving/ snorkeling equipment
- Sun lotion/ spray, preferably SPF50
- Mosquito spray
- Swiss army knife

#### First-aid kit

- Imodium akut\* – just in case
- Paracetamol\* – against pain and fever
- Ibuprofen – against headaches and toothaches
- Anti-histamines – against allergies
- Malaria prophylaxis
- Panthenol spray\* – against sunburn
- Plasters
- Wound disinfection spray
- Personal medication
- Please also note the recommendations on the travel page of the German/ your country's Foreign Office.

\* This information is not intended as a product advertisement but is intended solely as a guide. It is the personal responsibility of the traveller to make use of the above suggestions - in whole, in part or not at all - according to the individual situation (e. g. if allergies etc. are present).